



## **FREESTYLE SESSION PROTOCOLS**

**(as of March 25, 2021)**

### **RESERVING & PAYING FOR LESSONS & ICE TIME:**

Freestyle session attendance will be capped at 20 people, and attendance cap will include coaches.

### **Walk-on's will not be permitted.**

The purchase of ice time and reserving ice time will be divided into a two step process in order to give ice time priority to those in a lesson and in order to cap sessions.

---

### **Reserving Ice Time:**

Skaters are required to make a reservation for each session they plan on attending. Skaters will receive a link from either their coach or the skating director to register for a Freestyle Membership. Skaters will create an account on the Ice Hub, and using the link will register to become a member. Once the admin team has approved the membership, skaters will be able to register for sessions at any time. Skaters may be asked to show confirmation e-mail of registration time upon arrival

Reserving ice time will require completion of an on-line waiver by all participants. An adult parent or guardian will complete the waiver on behalf of minor participants. Please make sure to include emergency contact name and cell phone number.

### **Purchasing Ice Time:**

Freestyle ice time is paid through our sticker system. Skaters will place a sticker, on the daily freestyle session sheet, next to each 30 minute session in which they are reserved to skate. For example, if a skater is skating from 3:30-4pm and 4-4:30pm, they would place a sticker on the 3:30 and the 4pm blocks of session time. Skaters will be placing stickers on their pre-registered session time slots on the daily freestyle session sheet.

Stickers will be sold online in sheets of 10 for \$7.50 for per sticker. Each sticker represents a 30 minute session. The maximum number of weekly stickers a customer may purchase is 30. At this time, 10 stickers is the minimum purchase option and there is no discounted pricing for purchasing more than one sheet.

**There will be no refunds of pre-purchased sessions.** Please plan ahead of time and be confident in your schedule selection. In the event of illness, please contact Nicole @ [Niceskate18@gmail.com](mailto:Niceskate18@gmail.com) or via text @ 336-209-3484.

---

### **CHECK-IN PROCESS & ON-ICE PROTOCOL:**

Coaches and skaters should arrive at the rink, in advance of their sessions, to allow time to check-in and be processed through a health screening and temperature check. ***Please allow plenty of time for screening, etc. to ensure skaters are on-time for sessions and/or lessons.***

Anyone approaching the check-in table must be spaced at socially distant markers and wearing a face covering over the nose and mouth. In the event you forget your face covering, the Greensboro Ice House will have a limited supply of face coverings that will be available for purchase.

The check-in attendant, located outside the rink, will confirm pre-registered ice time.

**Reminder: no walk-on's permitted.**

The check-in attendant will deliver pre-paid stickers at your first check-in.

Only pre-paid, pre-registered, pre-screened coaches and skaters will be able to enter the building; no parents, caregivers or guardians permitted. Parents, caregivers and guardians may subscribe to LiveBarn to watch sessions from outside the building. [livebarn.com](https://livebarn.com), save 10% with promo code: 4da5-ed17

If a parent, caregiver, guardian, sibling, etc. needs to use the restroom, they may do so wearing a face covering and following the health screening and temperature check, but immediately exit the facility.

Skaters must wear a face covering, covering their nose and mouth for their entire visit within the facility, both on and off the ice. However if that mask is causing a skater serious issues with breathing or vision while on the ice, they are allowed to adjust their mask during those moments on the ice.

Skaters will be allowed to enter the building 25 minutes prior to the start of their designated session through the front doors and will proceed to the ice entrance located just past the Learn to Skate check-in table. Skaters will enter the ice at exactly the start of their session.

Skaters will place their stickers down on the sticker sheet located at the entrance to the ice, *prior to stepping on to the ice*. Coaches will assist younger skaters, if necessary, in the placement of stickers.

Coaches will be wearing face coverings and a 6' distance will be maintained between all coaches and skaters. Coaches will also be assigned zones from which to coach. Coaches are to have all items needed at the location of their zone and are to reduce movement during their coaching time and remain in their zone.

**No E-Lessons (virtual lessons) at this time, unless pre-approved by the skating director.**

Skaters should bring minimal belongings as there will be very limited barrier space . Barrier spaces will be pre-marked to identify social distancing.

Skaters should bring pre-filled water bottles. All water fountains are temporarily disabled except the touchless fountain nearest the referee room and just outside of party room #1. The touchless water fountain is suitable to refill water bottles / it is not a drinking fountain.

Skaters must dispose of their own tissue, immediately following use, into trash receptacles.

At the conclusion of session time, skaters will exit the ice at the doorway nearest the pro shop, wearing their face covering, and will exit the building within 5 minutes of the conclusion of their session time.

Skaters must make sure to collect all of their belongings as lost and found items will not be held at this time.

---

**ADDITIONAL NOTES:**

Safe Sport: Please review the following:

[https://www.usfigureskating.org/sites/default/files/media-files/U.S.%20Figure%20Skating%20SafeSport%20Handbook\\_2.pdf](https://www.usfigureskating.org/sites/default/files/media-files/U.S.%20Figure%20Skating%20SafeSport%20Handbook_2.pdf)

And, please review the following documents located on the website at [www.greensboroice.com](http://www.greensboroice.com)

“Safety at Center Ice”

“Returning to the Rinks”

“Rules of the Ice” and “Music Playing Protocols”

---

**REMINDERS:**

**Only one coach or skater in the soundbooth at a time.**

**MP3's / device play preferred over cd's.**

**Music volume **MUST** be kept at a minimum for everyone's safety and to ensure coaches are able to effectively communicate instruction to their private lesson students through a mask and over the music.**

**Music will be turned down by the Skating Director and/or coaches, if it is too loud.**

## **SUMMARY:**

- 1. Step One: Register for Freestyle membership**
- 2. Step Two: Register for ice time**
- 3. Step Three: Purchase Freestyle Stickers**
- 4. Arrive early to allow plenty of time for health screen and temperature check prior to lessons and practice ice time.**
- 5. Remember masks, skate guards and water bottles! Skaters may additionally wish to bring a folding chair to use when putting skates on.**
- 6. Skaters may enter the building 25 minutes prior to the start of sessions.**
- 7. Skaters must exit the building within 5 minutes of the end of sessions.**